


**SOPHIA GIRLS’
COLLEGE (Autonomous),
Ajmer**



DEPARTMENT OF ECONOMICS


2024-25

ACTIVITY 1



**Sophia Girls' College
(Autonomous), Ajmer**
Re-Accredited 'A+' Grade by NAAC (UGC)

**NATIONAL SYMPOSIUM ON:
'MAKING INDIA A GLOBAL SPORTS POWERHOUSE'
SERIES -2
20th - 21st September, 2024**



About the College

Sophia Girls' College (Autonomous) Ajmer is an exclusive seat in higher education in Rajasthan. It boasts an enviable reputation nationally and internationally, holding an A+ grade from NAAC. The college has a state of art of infrastructure and, an exquisitely green campus spread over 9.9 acres, offering a wide range of Undergraduate and Postgraduate programs, Ph.D. programs, International Certifications and 60+ MoUs with institutions of National and International repute for academic enrichment and exposure. Our college has maintained a strong track record in sports, consistently winning the sports general championship trophy for the past 7 years. We offer a diverse range of over 20 games and sports to our students, ensuring a wide array of opportunities for athletic participation. Annually, around 200 students actively engage in inter-collegiate tournaments across various sports, showcasing their skills and competitive spirit. Moreover, a notable contingent of 30-40 players regularly represent our college in prestigious state, national, and zonal tournaments, highlighting our commitment to fostering excellence in sports at all levels.

Visit us at: <https://sophia.college/>

About the Symposium

When the Prime Minister speaks about "Viksit Bharat", it is essential to underscore how the sports sector can contribute to this vision. Sport is an integral part of a country's development. Hosting a mega sporting event not only drives infrastructure development but also generates employment, attracts foreign capital, revitalizes the local economy, promotes tourism, and nurtures skilled athletes. However, these benefits depend on having a strong sports culture. Sports directly boost the economy and indirectly enhance it by improving health and education in society. India, with its rich demographic dividend and immense manpower potential, excels in various fields, and this success can be mirrored in sports by achieving strong podium finishes at the Olympics and other international sporting events. Advancing sports in our country requires the collective effort

of not just sportspersons, but every sports enthusiast. This can be realized when everyone passionate about sports comes together on a single platform to share their insights and suggestions for making India a global sports powerhouse. The aim of the sports symposium is to present research papers not only to showcase our research skills but also to make a significant contribution to the development of sports at the grassroots level. This event will focus on utilizing in-depth research to create a substantial impact. A key aspect of the symposium is the panel discussion, which is scheduled to draft recommendations for a sports policy that aims to effect dynamic changes in the country's sports landscape. Together, let's work towards making India a global sports powerhouse. We wholeheartedly invite academicians, scholars, students, industrialists, stakeholders, administrators, journalists, and all sports enthusiasts to join us in this symposium. Together, let us actively contribute to elevating sports in our country to new heights.

Call for Papers

Original research papers on the themes mentioned below are invited for the presentation.

Themes

- Mental Health and Well-being challenges in sports
- Psychological aspects of talent identification and development
- Cross-cultural perspectives in sports psychology
- Statistical models for performance prediction
- Analysing injury patterns and risk factors
- Machine learning and AI applications in sports analytics
- Advanced statistical techniques for sports data
- Educating coaches and athletes on proper nutrition practices
- Role of sports dietitians and nutritionists in athlete support
- Nutrition and Supplementation in Sports Medicine
- Health implications of sports participation and physiological adaptations
- Physiological responses to environmental extremes during competition

- Age-related adaptations and implications for training programs
- Sports Marketing and Branding
- Economic impact analysis of sports events
- International sports diplomacy and relations
- Emerging Trends in Sports Sciences
- Strategies for Grassroots Development in Sports
- Integrating Sports and Education

Guidelines for Paper Submission

1. The papers (abstract and full papers) should be sent by e-mail to economics@sophiacollegeajmer.in
2. Research Papers submitted for presentation must be original, previously unpublished and not under consideration for publication elsewhere.
3. Full-length Research Paper should be written in APA format and should not exceed 3000 words.
4. The text should be typed in MS Word with 1.5 space, Times New Roman font size 12.
5. Papers will undergo a blind review process, and authors of selected papers for presentation will be notified via email.

Awards

Best Paper Presentation Award in Each Technical Session.

Registration

Participants should register by 5th September 2024.

- **Important Dates:**
Last Date for Submission of Abstracts: 31st August 2024
Notification to Authors of Selected Papers: 5th September 2024 (via email)
Last Date for Submission of Full Papers: 15th September 2024
- Registration entitles attendance to all scientific sessions, registration kit, networking lunch high tea, certificate and hospitality.


Delegates	Registration fee (INR)	On the Spot Registration (INR)
Students/Research Scholars	1500	2000
Academicians/Industry/NGO Experts/Others	2000	2500
Institutional Registration*	3500	4500

(* Institutional Registration: The institution should select two student representatives, either sports enthusiasts or players, who wish to pose active questions during the panel discussion on the development of sports in the country. They will be accompanied by a staff member, who is also a member of a sports body and can contribute effectively by asking insightful questions. This participation aims to make strong contributions towards making India a global sports powerhouse).

- Accommodation for participants will be arranged on a payment basis (Accommodation charges 1200/- Rs per day).

Account Details for remitting the fee online

<https://payments.billdesk.com/bdcollect/bd/BDCSopGirC/8992>



Patron
Prof Sr. Pearl (Principal)

Co-Patron
Dr. Sr. Rani (Vice Principal)

Convenor
Dr. Kumud Khatri (Assistant Professor, Dept. of Economics)

Organizing Secretary
Dr. Shahina Sherani
(Assistant Professor and Head, Dept. of Physical Education)

Advisory Committee

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CONTACT US

Dr. Kumud Khatri – 861992084
Dr. Shahina Sherani – 8441026461



Name of the Department – Economics and Physical Education

Name of the Activity - National Webinar on “Making India a Global Sports Powerhouse Series-2”

Date: 20th - 21st September 2024

Total Number of Participants: 123

Venue: Seminar Hall, Sophia Girls' College (Autonomous), Ajmer

Chief Guest: Colonel Bhaskar Chakarvarti, Shri Mahendra Singh Shekhawat

RESOURCE PERSONS-

1. Shri Gopalkrishnan R(Founder and Director EKlavyas Consultancy Pvt. Ltd. Bengaluru, India)
2. Shri Shaji Prabhakaran (President of Delhi Football Association, Director of Delhi United SC.)
3. Major Disha Pannu (Director, Department of Posts, India)
4. Professor Rajeev Choudhary (Dean, Student's Welfare, Pt. Ravi Shukla University, Raipur (Chhattisgarh))
5. Shri Sarthak Mondal (Sports Economics Lecturer University of Portsmouth England, U.K)
8. Shri Rajesh Sobti (Director of Sports Kurukshetra University, Haryana)
9. Shri Atul Dubey (Assistant professor,Physical Education Department of Social Sciences NCERT Sri Auro-bindoMarg, New Delhi)

The Departments of Economics and Physical Education, Sophia Girls' College (Autonomous), Ajmer, organized a two-day National Webinar on "*Making India a Global Sports Powerhouse*" on 20th–21st September 2024. The first day featured research presentations on topics such as mental health, corruption, and infrastructure in sports, followed by an insightful panel discussion. Experts including Shri Shaji Prabhakaran, Shri Rajesh Sobti, Shri Gopal Krishnan R, and Dr. Debendu Kumar shared perspectives on fan culture, Olympic performance, social media's role, and infrastructure development.

The second day was chaired by Shri Atul Dubey with Shri Gopal Krishnan R as Co-Chairperson. It included research presentations on athlete performance, economic impacts of sports events, and sports diplomacy, followed by an engaging panel discussion addressing policymaking, grassroots development, and injury management. Mr. Mahendra Singh Shekhawat, international basketball player, also shared insights on nurturing sports interest and the importance of diet.

Interactive panel discussions and expert talks encouraged student engagement, critical thinking, and meaningful dialogue on strengthening India's position in global sports.

Learning Outcomes

- Students gained insight into the Indian sports ecosystem, including its challenges and growth opportunities.
- Students developed awareness of the importance of sports infrastructure, policy support, and grassroots development.
- Students enhanced their analytical and critical thinking skills through research presentations and discussions.
- Students understood the role of mental health, nutrition, and resilience in sports performance.
- Students learned about career opportunities and emerging trends in the sports industry.





सोफिया कॉलेज में राष्ट्रीय संगोष्ठी का आयोजन



अजमेर, (कासं)। सोफिया कन्या महाविद्यालय में शुक्रवार को 'भारत को एक वैश्विक महाशक्ति बनाना' विषय पर दो दिवसीय राष्ट्रीय संगोष्ठी का आयोजन हुआ। संगोष्ठी का शुभारंभ मुख्य अतिथि कर्नल भास्कर चक्रवर्ती ने किया। संगोष्ठी में प्रमुख वक्ताओं और विशेषज्ञों द्वारा खेल में प्रगति, पारंपरिक व्यायाम संबंधी चुनौतियों, खेलों में विदेशी असमानता, प्रतिस्पर्धी संतुलन आदि विषयों पर अपने विचार प्रस्तुत किए। संगोष्ठी संयोजक डॉ. कुमुद खत्री ने बताया कि शुक्रवार को प्रथम दिवस पर संगोष्ठी में मुख्य अतिथि कर्नल भास्कर चक्रवर्ती ने संबोधित करते हुए कहा कि अत्यन्त गतिविधि के बजाय खेल कूद को प्रारंभिकता दी जाए तभी खेलकूद के महत्व पर प्रकाश डाले। विशेषज्ञ सार्थक मीठल ने प्रतिस्पर्धी संतुलन, खेल प्रस्तावन और प्रबंधन पर अपने विचार व्यक्त करते हुए राष्ट्रीय स्तर

विशेषज्ञों के समक्ष वक्ताओं ने खड़े प्रश्न

सवाल-जवाब सत्र में प्रतिभागियों ने वक्ताओं से प्रश्न पूछे, जिसका विशेषज्ञों द्वारा तर्कपूर्ण जवाब दिए गए। वहीं विशेषज्ञों ने शौचकारालीन ओलंपिक का एक पर्यावरणीय कारण के रूप में संरक्षण एवं प्रमोशन संस्कृति जैसे अन्य बिंदुओं पर भी प्रकाश डाला। संगोष्ठी के प्रथम दिन के समापन पर सोफिया कन्या महाविद्यालय की ओर से सभी सहभागियों का आभार जताया। संगोष्ठी में अतिथि डॉ. शबिता सोबती, डॉ. शाहनी प्रभाकराय, आर गोपालकृष्णन मौजूद रहे।

पर खेल कूद के विश्लेषणक व आर्थिक पहलू पर प्रकाश डाला। संगोष्ठी संयोजक व विशेषज्ञों ने राष्ट्रीय और अंतरराष्ट्रीय खेल कूद प्रतियोगिताओं से संबंधित समस्याओं और चुनौतियों पर गहन विचार विमर्श किया। डॉ. खत्री ने बताया कि संगोष्ठी में खेल कूद को अन्य व्यायाम के समान दर्ज देने व खेल कूद को आवश्यकता को महत्वपूर्ण माना। संगोष्ठी में खेल से संबंधित नए दृष्टिकोणों को रखा गया। विशेषज्ञों द्वारा शोध पत्र प्रस्तुत किए।- डॉ. खत्री ने बताया कि संगोष्ठी में मुख्य विषय से संबंधित बिंदुओं पर विशेषज्ञों द्वारा जानकारीपूर्ण शोध पत्र भी प्रस्तुत किए, जिसमें खेल कूद में भ्रष्टाचार, प्रशिक्षण, महिला लॉनिंग के उपयोग सहित पिछले कुछ वर्षों में खेल को प्रगति, अनुकूलन और नियति आदि उदाहरणों पर विमर्श किया गया। डॉ. दिव्य मिश्रा, डॉ. शाहिना शेराणी, डॉ. तन्मय शर्मा, प्रतिष्ठा पांडे, लवीना गंवानी, कुमार गौरव, आयुषी यादव ने अपने-अपने विचार रखे।

दैनिक नवज्योति

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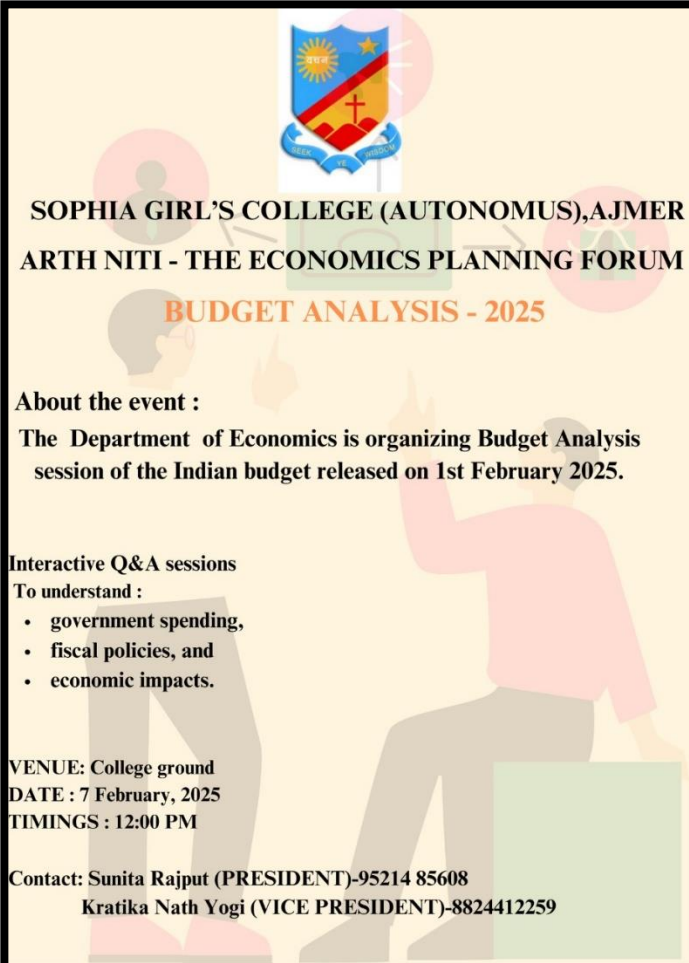


सोफिया कॉलेज में दो दिवसीय राष्ट्रीय संगोष्ठी सम्पन्न

कासं/अजमेर। सोफिया कन्या महाविद्यालय द्वारा आयोजित दो दिवसीय राष्ट्रीय संगोष्ठी शनिवार को सम्पन्न हुई। भारत को खेल कूद में एक वैश्विक महाशक्ति बनाने पर संगोष्ठी में विशेषज्ञों और वक्ताओं ने अपने सुझाव साझा किए। खेल का अर्थशास्त्र, खेल की कूटनीति और जमीनी स्तर पर विकास जैसे विषयों को संगोष्ठी में शामिल किया गया। इस संगोष्ठी ने खेल से संबंधित नए दृष्टिकोणों को

प्रस्तुत किया। प्राचार्य प्रो. सिस्टर पल ने वक्ताओं का स्वागत किया। इस दौरान संगोष्ठी संयोजक डॉ. कुमुद खत्री, पैनल चैयर आर. गोपालकृष्णन, अतुल दुबे, महेंद्र सिंह शेखावत, डॉ. दिव्या मिश्रा, डॉ. शाहिना शेराणी, डॉ. तन्मय शर्मा, प्रतिष्ठा पांडे, लवीना गंवानी, निशांत पाल, कुमार गौरव, आयुषी यादव, डॉ. राजेश सोबती, सुश्री दिशा पन्नु, डॉ. सिस्टर रानी, डॉ. राजीव चौधरी आदि मौजूद रहे।

ACTIVITY 2



SOPHIA GIRL'S COLLEGE (AUTONOMOUS), AJMER
ARTH NITI - THE ECONOMICS PLANNING FORUM
BUDGET ANALYSIS - 2025

About the event :
The Department of Economics is organizing Budget Analysis session of the Indian budget released on 1st February 2025.

Interactive Q&A sessions
To understand :

- government spending,
- fiscal policies, and
- economic impacts.

VENUE: College ground
DATE : 7 February, 2025
TIMINGS : 12:00 PM

Contact: Sunita Rajput (PRESIDENT)-95214 85608
Kratika Nath Yogi (VICE PRESIDENT)-8824412259

Name of the Department – Economics

Name of the Activity -Budget 2024-25 Analysis

Date: 7th February 2025

Total Number of the Students: 51

Venue: Sophia Girls' College (Autonomous), Ajmer

The Economics Department organized a discussion session titled 'Budget pe Charcha' to analyze and deliberate on the key highlights of the Union Budget 2025. The event provided a platform for students to engage in an insightful discourse on the economic policies, fiscal measures, and developmental priorities set forth in the budget. Students

Learning Outcomes:

- To foster critical thinking among students regarding the implications of the Union Budget on various sectors of the economy.
- To provide a deeper understanding of government expenditure, revenue sources, and the overall macroeconomic impact of the budgetary proposals.



ACTIVITY 3

DEPARTMENT OF ECONOMICS

IS ORGANIZING AN INTERACTIVE SESSION
ON

**FINANCIAL LITERACY-
WOMEN'S PROSPERITY**

SOPHIA GIRLS' COLLEGE (AUTONOMOUS), AJMER

- Date: 27th February 2025
- Venue: Auditorium
- Time: 1 pm- 2pm

• **RESOURCE PERSON**

MR.SANJAY KUMAR SINGH
LEAD DISTRICT MANAGER, (BANK OF BARODA),AJMER AND TEAM

E-Certificate will be provided to all the participants.

Don't Miss This Opportunity!

Name of the Department – Economics

Name of the Activity -Financial Literacy Session

Date: 27th February 2025

Total Number of the Students: 134

Venue: Sophia Girls' College (Autonomous), Ajmer

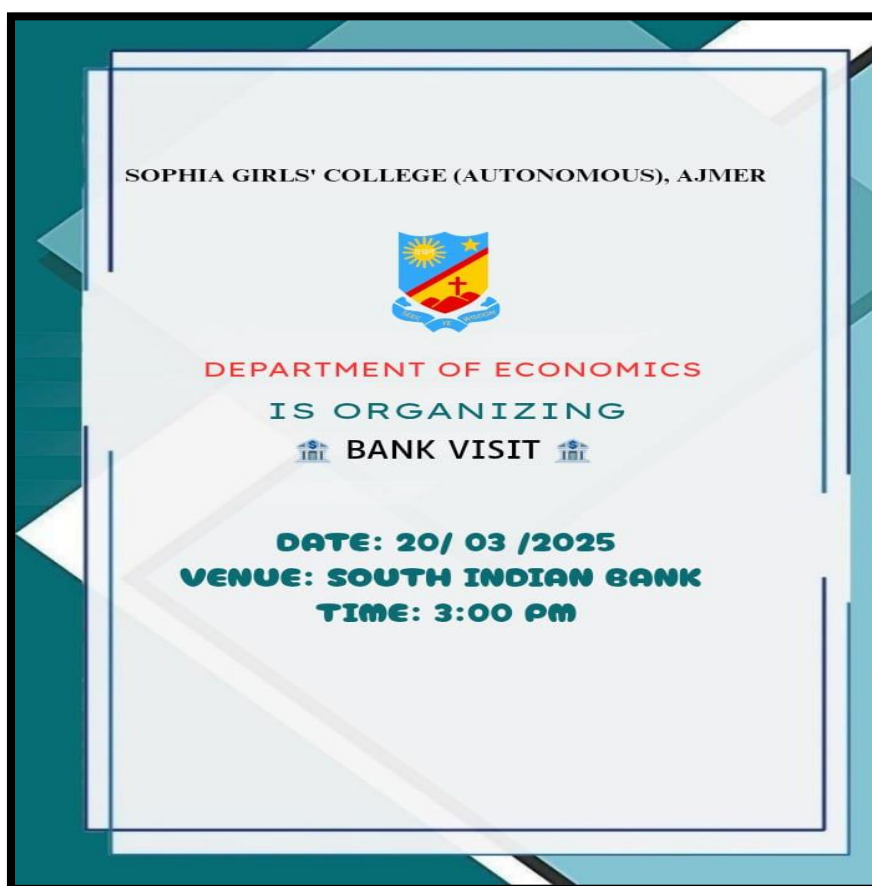
The Department Organized Financial Literacy Session for the students of Economics, Commerce and Management. The session began with an overview of financial literacy, explaining its significance in personal and professional life. Experts elaborated on the importance of budgeting and how proper financial management can lead to financial security. The speakers introduced various investment options such as fixed deposits, mutual funds, stocks, and government schemes, emphasizing risk and return factors. The session included a discussion on the functioning of banks, types of accounts, digital payment methods, and cybersecurity in financial transactions. The event concluded with an interactive question-and-answer session, where students clarified their doubts and gained further insights into financial decision-making.

Learning Outcomes:

- To impart knowledge about fundamental financial principles, including budgeting, savings, investments, banking services, and digital financial transactions.
- To raise awareness about financial planning and the importance of making informed monetary decisions.



ACTIVITY 4



Name of the Department – Economics

Name of the Activity - Bank Visit

Date: 20th March, 2025

Total Number of the Students: 14

Venue: South India Bank

The Economics Department of Sophia Girls' College (Autonomous), Ajmer, organized an educational visit to South Indian Bank for the students to gain practical insights into banking operations. This visit aimed to bridge the gap between theoretical knowledge and real-world financial practices. A group of students, along with faculty members, participated in the visit.

The visit began with a warm welcome by the bank officials, followed by an introductory session where the history and growth of South Indian Bank were discussed. The officials explained the importance of banking in economic development and how modern banking has evolved over time. The students were given a detailed tour of the bank's various departments, including the customer service area, loan division, and digital banking section. Bank staff demonstrated how accounts are opened, transactions are processed, and how customer queries are addressed efficiently.

Learning Outcomes:

- To understand the day-to-day operations of a bank.
- To learn about various financial products and services offered by the bank.
- To gain insights into banking regulations, digital banking, and customer service



ACTIVITY 5



**Industrial Visit to
GREENTECH
MEGA FOOD PARK,
RUPANGARH**

**Sophia Girls' College
(Autonomous), Ajmer**

**DEPARTMENTS OF
ECONOMICS
&
SOCIOLOGY**

ON 29TH MARCH, 2025

- Know the working of Food processing park
- Gain knowledge about Supply chain management
- Explore opportunities in food processing sector

- Students to carry their College ID cards
- Assemble near parking at 9:30 am

Contact:
Dept. of Economics &
Sociology

Name of the Department – Economics

Name of the Activity – Industrial Visit

Date: 20th March, 2025

Total Number of the Students: 14

Venue: Greentech Mega Food Park, Roopangarh

A group of students from Sophia Girls' College (Autonomous), Ajmer's Economics and Sociology Department went on an educational field trip to Rupangarh, Rajasthan's Greentech Mega Food Park on 29 March 2025. The purpose of the visit was to give students direct knowledge of the food processing sector, its effects on the economy, and its contribution to rural development. Greentech Mega Food Park is a cutting-edge facility created to boost agricultural value chains and assist food processing companies. Students gained knowledge of the different steps involved in food processing, such as sorting, packaging, and preservation, throughout the trip. Modern equipment and quality control systems are part of the park's infrastructure, guaranteeing the high standards of food safety and quality. The economic importance of these sectors in fostering local jobs, aiding farmers, and strengthening regional economies was also emphasized throughout the visit. Students developed a greater awareness of the ways in which sectors such as food processing support rural livelihood creation, poverty alleviation, and sustainable development. Students have the opportunity to examine the relationship between sociology and economics in practical contexts through their interactions

with industry professionals, highlighting the significance of industrial expansion for both social welfare and economic success.

Learning Outcomes:

- To understand the working of a food processing park and its socio- economic significance
- To gain knowledge about supply chain management in the food industry
- To explore opportunities for entrepreneurship in food processing sector

